

## Head Injury Questionnaire

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

INSTRUCTIONS: The items listed below are symptoms that may occur after a head injury. Please check the appropriate box if you have experienced the problem over the past couple of weeks. If the answer is yes, check the box that indicates how bad the problem is.

	Not a Problem	Mild Problem	Moderate Problem	Severe Problem	<i>Item Number</i>
1. Headache	0	1	2	3	1.
2. Neck pain	0	1	2	3	2.
3. Back pain	0	1	2	3	3.
4. Insomnia	0	1	2	3	4.
5. Fatigue	0	1	2	3	5.
6. Low energy	0	1	2	3	6.
7. Lack of initiative	0	1	2	3	7.
8. Low motivation	0	1	2	3	8.
9. Problems with memory	0	1	2	3	9.
10. Forgetting where you've put things	0	1	2	3	10.
11. Finding a television story hard to follow	0	1	2	3	11.
12. Forgetting when something happened	0	1	2	3	12.
13. Forgetting names	0	1	2	3	13.
14. Problems remembering what you've read	0	1	2	3	14.
15. Getting lost while driving or walking	0	1	2	3	15.
16. Difficulty concentrating	0	1	2	3	16.
17. Short attention span	0	1	2	3	17.
18. Distractibility	0	1	2	3	18.
19. Letter reversals	0	1	2	3	19.
20. Number reversals	0	1	2	3	20.
21. Word-finding difficulty	0	1	2	3	21.
22. Alcohol intolerance	0	1	2	3	22.
23. Problems starting projects	0	1	2	3	23.
24. Problems planning activities	0	1	2	3	24.
25. Problems getting things done	0	1	2	3	25.
26. Blurred vision	0	1	2	3	26.
27. Nausea, vomiting	0	1	2	3	27.
28. Drowsiness	0	1	2	3	28.
29. Forgetting things that happened long ago	0	1	2	3	29.
30. Not recognizing people you know very well	0	1	2	3	30.
31. Feeling confused, disoriented	0	1	2	3	31.
32. Depression	0	1	2	3	32.
33. Disinterest in your usual activities	0	1	2	3	33.
34. Crying spells	0	1	2	3	34.
35. Extreme emotional reaction	0	1	2	3	35.
36. Poor appetite/weight loss	0	1	2	3	36.
37. Sleeping too much	0	1	2	3	37.
38. Thoughts of ending your life	0	1	2	3	38.
39. Feeling worthless	0	1	2	3	39.
40. Feeling bored	0	1	2	3	40.
41. Loss of affection for people close to you	0	1	2	3	41.
42. Mood swings	0	1	2	3	42.
43. Less control over your anger	0	1	2	3	43.
44. Angry outbursts	0	1	2	3	44.
45. Irritability	0	1	2	3	45.
46. Interpersonal problems	0	1	2	3	46.
47. Impulsiveness	0	1	2	3	47.
48. Low frustration tolerance	0	1	2	3	48.

49. Verbal aggression	0	1	2	3	49.
50. Physical aggression	0	1	2	3	50.
51. Impatience	0	1	2	3	51.
52. Restlessness	0	1	2	3	52.
53. Suspiciousness	0	1	2	3	53.
54. Mistrust of others	0	1	2	3	54.
55. Thoughts that people are talking about you	0	1	2	3	55.
56. Hearing things that aren't really there	0	1	2	3	56.
57. Seeing things that aren't really there	0	1	2	3	57.
58. Loss of your sense of taste	0	1	2	3	58.
59. Loss of your sense of smell	0	1	2	3	59.
60. Feeling dizzy	0	1	2	3	60.
61. Seeing double	0	1	2	3	61.
62. Hearing loss	0	1	2	3	62.
63. Ringing in your ears	0	1	2	3	63.
64. Sensitivity to bright light	0	1	2	3	64.
65. Sensitivity to loud noise	0	1	2	3	65.
66. Anxiety	0	1	2	3	66.
67. Nightmares	0	1	2	3	67.
68. Recurrent dreams of the accident	0	1	2	3	68.
69. Recurrent thoughts of the accident	0	1	2	3	69.
70. Lapses of attention	0	1	2	3	70.
71. Spells, blackouts	0	1	2	3	71.
72. Increased activity levels	0	1	2	3	72.
73. Increased talkativeness	0	1	2	3	73.
74. Racing thoughts	0	1	2	3	74.
75. Increased self esteem	0	1	2	3	75.
76. Decreased need for sleep	0	1	2	3	76.
77. Reckless behavior	0	1	2	3	77.
78. Socially inappropriate behavior	0	1	2	3	78.
79. Less interest in sex	0	1	2	3	79.
80. More interest in sex	0	1	2	3	80.
81. More likely to talk about sex	0	1	2	3	81.
82. Weakness	0	1	2	3	82.
83. Tremors	0	1	2	3	83.
84. Poor coordination	0	1	2	3	84.
85. Poor balance	0	1	2	3	85.
86. Feelings of déjà vu	0	1	2	3	86.
87. Feeling strange	0	1	2	3	87.
88. Things look larger than they are	0	1	2	3	88.
89. Things look smaller than they are	0	1	2	3	89.
90. Extremely vivid memories	0	1	2	3	90

<b>“Moderate”</b>		<b>TOTAL SCORE</b>	
<b>“Severe”</b>			

Head injuries affect people in different ways. Please tell us how your injury has affected you.

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