

Memory Questionnaire

NAME: _____ DATE: _____

INSTRUCTIONS: Do you have problems remembering? Pick out the **one answer** that best describes what you have experienced during the past two weeks, including today. Circle the number of the correct answer. Please do not choose more than one number for each statement. Respond to each situation as best you can: if it's not a problem at all; if it's a mild problem, that is bothersome but doesn't interfere with daily activities; or a moderate problem, that does interfere with daily activities; or a severe problem, that makes it very hard to have a normal day at all.

DO YOU EVER HAVE PROBLEMS LIKE THIS?	Not a problem	Mild	Moderate	Severe
1. Forgetting where you put something. Losing things.	0	1	2	3
2. Failing to recognize places you have been before.	0	1	2	3
3. Finding a television story or a movie hard to follow.	0	1	2	3
4. Forgetting where you parked your car.	0	1	2	3
5. Forgetting to pay your bills on time.	0	1	2	3
6. Forgetting when it was that something happened.	0	1	2	3
7. Leaving things behind and having to go back to fetch them.	0	1	2	3
8. Forgetting if you've bathed or brushed your teeth.	0	1	2	3
9. Reading something and then realizing you have read it before.	0	1	2	3
10. Dialing a number and then forgetting who you called.	0	1	2	3
11. Failing to remember the names of close relatives or friends.	0	1	2	3
12. Finding it hard to learn a new game or to work a new gadget.	0	1	2	3
13. A word is on the tip of your tongue but you can't get it out.	0	1	2	3
14. Forgetting to do something you said you would do.	0	1	2	3
15. You go to the store but forget to get what you needed.	0	1	2	3
16. Forgetting to pick someone up when you said you would.	0	1	2	3
17. When reading, losing track of what the story is about.	0	1	2	3
18. Forgetting to tell somebody something that you meant to tell them.	0	1	2	3
19. Forgetting important details like your birthday or where you live.	0	1	2	3
20. Forgetting to give a message to someone.	0	1	2	3
21. Telling someone a story or joke that you have told them already.	0	1	2	3
22. Forgetting how to do things, like how to make a familiar recipe or how to operate an appliance.	0	1	2	3
23. The faces of famous people on TV or in photographs look unfamiliar.	0	1	2	3
24. Forgetting where things are kept; looking for them in the wrong place.	0	1	2	3
25. Getting lost while driving in a familiar place.	0	1	2	3
26. Putting something down and then forgetting where you put it.	0	1	2	3
27. Forgetting if you have taken your medicine.	0	1	2	3
28. Getting lost in a store or a shopping mall.	0	1	2	3
29. Forgetting appointments or social engagements.	0	1	2	3
30. Forgetting something cooking on the stove or in the toaster.	0	1	2	3

MEAN ITEM SCORE		TOTAL SCORE	
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